

Glossary Term Social Media Copy

This document includes sample captions you can use when sharing the glossary term social media graphics. Each caption is designed to help you educate others and raise awareness about scleroderma in an easy, impactful way.

Sclerodactyly

Everyone should know what scleroderma is and how it affects people. One way scleroderma can impact those living with it is through a complication called sclerodactyly.

Sclerodactyly is the thickening and tightening of the skin on the fingers or toes. Not everyone with scleroderma will develop this complication. For those who do, this can affect mobility significantly. It yields a characteristic claw-like appearance and may render digits immobile.

Want to learn more about scleroderma or to share more about this disease with someone in your life? The SRF provides information about scleroderma and its complications, along with how you can participate in research to help advance our understanding of scleroderma and its many variations.

Telangiectasia

Scleroderma is a complex disease that can progress in very variable ways. Along with the signature skin fibrosis (hardening) that characterizes scleroderma, there are other scleroderma complications related to the skin that may occur. Let's talk about one of these complications—telangiectasias.

Telangiectasias are abnormal blood vessels that usually appear as red dots on the skin or may look like varicose veins, with a spider-web form. Patients with scleroderma may develop telangiectasias on the arms, hands, fingers, the face, chest, and in the mouth. Other locations might be over joints, and around the toenails or fingernails. They will fade or turn white when the skin is pressed and are not painful or dangerous.

The condition occurs with both limited and diffuse scleroderma. Telangiectasias in scleroderma become more numerous over time in both types of the disease; however, evidence suggests they occur more frequently in patients with limited scleroderma (CREST).

Interested in learning more about scleroderma and its complications? Check out our website: <https://srfcure.org/living-with-scleroderma/resources/complications-and-treatments/>